

Autumn Diffuser Recipes



Autumn Sunrise:

- 3 drops Thieves
- 2 drops Orange
- 2 drops Rosemary

Autumn Morning:

- 3 drops Patchouli
- 3 drops Orange
- 1 drop Clove

Autumn Afternoon:

- 4 drops Christmas Spirit
- 3 drops Jade Lemon or Lemon
- 2 drops Clove

A Walk in the Woods:

- 3 drops Northern Lights Black Spruce
- 2 drops Idaho Balsam Fir
- 2 drops Cypress
- 1 drop Cedarwood

Sweater Weather:

- 3 drops Eucalyptus Globulus
- 2 drops Juniper
- 1 drop Sage

Flannel Shirt:

- 5 drops Bergamot
- 3 drops Orange
- 3 drops Stress Away

I've Baked All Day:

- 3 drops Stress Away
- 2 drops Cinnamon Bark
- 2 drops Nutmeg
- 1 drop Orange

A Night by the Fire:

- 4 drops Northern Lights Black Spruce
- 3 drops Clove
- 1 drop Cinnamon Bark
- 1 drop Orange